

Welcome to Rather Be Canicrossing. We are a running club open to runners of any ability from 8 years of age.

Thank you for joining Rather Be Canicrossing. This document should be read prior to completing your membership application or renewal. This gives further information about the club and your rights and responsibilities in joining. If you have any questions after reading this, please contact us on louis@ratherbecanicrossing.co.uk

TERMS AND CONDITIONS OF MEMBERSHIP

When you become a member or renew your membership with Rather Be Canicrossing you agree to follow all policies and codes of conduct set by the club. Policies must be adhered to, whilst the code of conduct is advisable. If you choose to go against our codes of conduct, be aware that the insurance may not cover you for that run and you run at your own risk.

POLICIES

- A dog's welfare and the welfare of any runner is top priority on any run, if a run leader believes either may be in jeopardy, a run can be stopped at any time.
- Dogs must be attached to a canicross line at all times unless temporarily unhooking to go over a stile/other obstacle or in an absolute emergency. The dogs' harness must be suitable for them to run in, and the human must be wearing a harness/belt strong enough to hold the dog when pulling e.g. you cannot wear a piece of string around your waist.
- Dogs must be under your control at all times. Members should take extra care when crossing a stile or other obstacle to ensure that the dog is held onto at all times. If you need assistance at a stile please make the run leader aware at the start of a run and ask for help at the stile.
- Dogs must be of good health and ability for the run/walk you are attending e.g. you cannot bring your dog on a half marathon run if your dog has never run more than 3 miles.
- You must declare any injury/medical condition of yourself and/or your dog to a run leader at the start of any run you attend, it is your own responsibility to bring any medication you may need e.g. inhaler for asthmatics.
- Anyone aged under 17 years old must have a parent/carer with them on any run, whether they have a dog or not.
- A run leader has the right to stop any run where they believe any person is acting inappropriately or where a runner does not have control over their dog. If a dog is smacked, hit or told off in a forceful way which the run leader deems unacceptable, the run will be stopped and all dogs walked back to the car where that person will be asked to leave. Rather Be Canicrossing has the right to cease membership at any time of any member where they believe they are breaking policies, the membership fee is non-refundable.
- Sport muzzles are allowed, reactive dogs are allowed but you must disclose the behaviour traits to the run leader before the start of any run. Muzzles should be comfortable and appropriate for a dog to run in.
- A dog in heat cannot attend any runs. You must make the run leader aware if your dog isn't neutered/spayed at the start of any run you attend.
- If you are concerned that your dog may be overheating or if you or your dog has injured yourself/themselves, you should stop running immediately and make the run leader aware.
- You must not feed your dog a full meal up to 2 hours before a run and 1 hour afterwards. Small treats are fine.
- You must always be kind and courteous to members of public and landowners that we may meet on a run.
- You must always follow the Country Code and be respectful of footpaths, stiles and gates.
- Any run labelled as a "Non-Club Run" is not covered by insurance and is therefore run at your own risk.
- Bullying is not tolerated and will be treated seriously.
- It is your responsibility to carry details of at least one emergency contact for you and your dog(s) on every RBC event. This may just be by carrying your mobile phone.
- Should there be a medical event, accident or 'near-miss' during an event you must make the run leader aware at the time or before leaving the location of the event.

CODE OF CONDUCT

- o When signing up for a run or walk on the Facebook page you should adhere to the number of spaces available and if selecting 'Maybe' ensure your attendance is confirmed or removed **within 24 hours of the event time**.
- o If you are unable to attend an event within 12 hours of the start time, you should contact the run leader directly to notify them as messages on the Facebook event may get missed.
- o You should only sign up for events that are suitable for you and your dog(s). If you are unsure as to whether you should be attending beginner / intermediate or advanced events then please speak to one of the canicross coaches.
- o You should arrive promptly for the start of a run for an adequate warm up for both you and the dog, if you don't then you must make sure you have adequately warmed up the dog and yourself before attending.
- o Children aged between 8-14 must be attached to an adult if they are running a dog. Young People aged 15-17 can be unattached but must have adult supervision on any run.
- o Before getting your dog out of the car, please identify yourself to the run leader, this is your opportunity to disclose any injuries/medical conditions to the run leader as well as any behaviour traits of your dog that they may need to be aware of.
- o Dogs should remain in your car until everyone has arrived and the Run Leader has confirmed that they can come out.
- o You should respect and give space to all dogs. Unless you know otherwise and with direct permission from the owner of the dog, you should not greet any of the other dogs on the run.
- o Off lead dogs are inevitable on runs, you should ask the owner to put their dog back on the lead and continue where you can. If you are concerned, make the run leader aware immediately.
- o We are not a competitive club, we run to the slowest runner's pace.
- o If you do not own a dog suitable for running then another member may offer for you to borrow one of their dogs. There is no obligation for this to take place and the offer can be withdrawn at any time. Members may participate in events without a dog.
- o Be aware of your dog's hydration needs, although most runs should have natural water stops for dogs, they are not guaranteed.
- o We would recommend only wearing club kit whilst on a club run.
- o We would recommend the harnesses be fitted to both you and the dog, K9 Trail Time provides this service in our area.
- o Respect each other, we are all here to have a good time.

PHOTOGRAPHY & VIDEO CONSENT

On the membership form you are asked to consent to Rather Be Canicrossing photographing or videoing your/ your child(ren) and your dog's involvement in any activities associated with Rather Be Canicrossing for the period shown on the form for the purposes of publicising and promoting the club or sport, or as a coaching aid.

Rather Be Canicrossing recognises the need to ensure the welfare and safety of all young people in athletics.

In accordance with the UK Athletics child protection policy and procedures, we will not permit photographs, video or other images of children/young people to be taken without the consent of the parents/carers and children/young people.

Rather Be Canicrossing will take all possible steps to ensure these images are used solely for the purposes they are intended. If you become aware that these images are being used inappropriately you should inform the Club/County Welfare Officer immediately.

COMMUNICATION PREFERENCES

In addition to receiving general club communications please let us know how else you would like to hear from us. You can give or withdraw consent for contact on the membership form.

CLUB PRIVACY STATEMENT

Rather Be Canicrossing (**The Club**) take the protection of the data that we hold about you as a member seriously and will do everything possible to ensure that data is collected, stored, processed, maintained, cleansed and retained in accordance with current and future UK data protection legislation.

Please read the full privacy notice below carefully to see how The Club will treat the personal information that you provide to us. We will take reasonable care to keep your information secure and to prevent any unauthorised access.

Rather Be Canicrossing (**Club**) are committed to protecting and respecting your privacy. For any personal data you provide for the purposes of your membership, Rather Be Canicrossing is the Data Controller and is responsible for storing and otherwise processing that data in a fair, lawful, secure and transparent way.

What personal data we hold on you

You may give us information about you by filling in forms at an event or online, or by corresponding with us by phone, e-mail or otherwise. This includes information you provide when you register with the Club. The information you give us may include your name, date of birth, address, e-mail address, phone number, name of the EA affiliated Clubs with which you are registered and gender (Athletics Data). We may also ask for relevant health information, disability, other data which is classed as special category personal data.

Why we need your personal data

The reason we need your Athletics Data is to be able to administer your membership, and provide the membership services you are signing up to when you register with the club. Our lawful basis for processing your personal data is that we have a contractual obligation to you as a member to provide the services you are registering for.

Reasons we need to process your data include:

For training and competition entry

- sharing personal data with club coaches or officials to administer training sessions;
- sharing personal data with club team managers to enter events;
- sharing personal data with facility providers to manage access to the track or check delivery standards; and
- sharing personal data with competition and events providers for entry in their events.

For funding and reporting purposes

- sharing anonymised data with a funding partner as condition of grant funding e.g. Local Authority;
- analysing anonymised data to monitor club trends; and
- sending an annual club survey to improve your experience as a club member.

For membership and club management

- processing of membership forms and payments;
- sharing data with committee members to provide information about club activities, membership renewals or invitation to social events;
- club facebook groups promoting club activity; and
- publishing of race and competition results.

Marketing and communications (where separate consent is provided)

- sending information about promotions and offers from sponsors;
- sending information about selling club kit, merchandise or fundraising.

Health and safety recording

- personal data recorded as part of a risk and accident register recording any accidents or incidents during an event.
- Anonymised data used to monitor and analyse accidents or incidents

Any special category health data we hold on you is only processed for the purpose(s) of passing health data to run leaders to allow the safe running of events. We process this data on the lawful basis of consent. Therefore, we will also need your explicit consent to process this data, which we will ask for at the point of collecting it.

On occasion we may collect personal data from non-members (e.g. any non-member participant who fills in a health disclaimer or form at a taster event). This information will be stored for 4 weeks after an event and then destroyed securely. Our lawful basis for processing data is consent. Therefore, we will also need explicit consent from non-members to process this data, which we will ask for at the point of collecting it.

The club has the following social media pages Facebook and Instagram. All members are free to join these pages. If you join one of the Social Media pages, please note that provider of the social media platform(s) have their own privacy

policies and that the club do not accept any responsibility or liability for these policies. Please check these policies before you submit any personal data on the club social media pages.

Who we share your personal data with

The Club does not supply any personal data it holds for this purpose to any other third party. The Club does not store or transfer your personal data outside of the UK.

How long we hold your personal data

We will hold your personal data on file for as long as you are a member with us. Athlete data is updated every year on annual membership forms. Any personal data we hold on you will be securely destroyed after two years of inactivity on that member's account. Your data is not processed for any further purposes other than those detailed in this policy.

Your rights regarding your personal data

As a data subject you may have the right at any time to request access to, rectification or erasure of your personal data; to restrict or object to certain kinds of processing of your personal data, including direct marketing; to the portability of your personal data and to complain to the UK's data protection supervisory authority, the Information Commissioner's Office about the processing of your personal data.

As a data subject you are not obliged to share your personal data with the Club. If you choose not to share your personal data with us we may not be able to register or administer your membership.

Your agreement to this personal data policy

You will be asked when signing up as a member or renewing your membership to confirm that you have read and understood this policy and whether you agree to the storage of your personal data. This agreement will be collected once per year. Should you change your mind during the membership period please contact us.

CONSTITUTION OF RATHER BE CANICROSSING CLUB

Rather Be Canicrossing was established by Jo Tuck who undertook training as a Canicross Coach. We aim to be a social and inclusive group established to participate in and encourage canicrossing and we welcome anyone who wishes to join us and is willing to sign up to the terms and conditions of membership.

A number of members of the group who are experienced in canicross are invited to be run leaders on occasion. There is no financial remuneration to this role and we are reliant on the goodwill of others who share our enthusiasm for the sport. Those appointed to this role are permitted to lead events under the banner of RBC and events led by them are covered by the club insurance.

We run as a non-profit group and all membership fees are used to the benefit of the club. Throughout the year we encourage members to participate in other challenges and events to raise money for charity. All money raised goes directly to the charity concerned.

INSURANCE COVER FOR RBC EVENTS

By being a member of Rather Be Canicrossing you and your dog are covered for third party liability on any 'Club Run'. Any run that is an 'Adventure Run' is not covered and will be advertised as such in the event details. This insurance is specifically related to running as part of a social group. It does not provide cover for when you and your dog are running alone. You can find a full copy of our insurance on the membership group facebook page in the 'files' section.

MEMBERSHIP FEES AND PERKS

Membership Fees

Memberships run from 1st September - 31st August. We accept memberships for each year from 1st August prior to the start of the season, through to end of May. You will be required to pay the following fee within 7 days of submitting your membership form.

Membership types are as follows:

£7.50 Adult Membership

£10 Joint Membership (2 adults in the same household)

£2.50 Child Membership (U18 or full-time education)

£20 Family Membership (2 adults + all U18 or full-time students in the household)
£15 Single Family Membership (1 adult + all U18 or full-time students in the household)

Once you have joined as a member you will be invited to a closed Facebook group where all event details are posted. Membership renewals should be made during August and September to ensure you remain within the closed group. Anyone who has not renewed their membership by **30th September** will be removed from the closed group until a completed membership renewal and payment has been made.

Bank Details for club membership:

Acct Name: Rather Be Canicrossing

Acct No:66719577

Sort Code: 60-08-44

You can also pay by cheque, correspondence address is Corner Cottage, Tredington, GL20 7BU addressed to Rather Be Canicrossing.

Membership Perks:

Rather be Canicrossing has the right to change or alter membership perks at any time

Included in your membership you will receive the following (subject to availability):

5% discount from RBC kit clothing from Equibling-UK (unless otherwise specified)

9% discount from K9 Trail Time (& Cotswolds)

15% discount from Dicky Bags

15% discount from The Muzzle Shop

10% discount at ERChiropractic

10% discount at Up and Running in Cheltenham

£6 booking at Snoopys Dog Field

Coaching Courses and 1-2-1 Canicross lessons are available from Debs O'Kane. Please contact Go Dog Go directly for further information.

The full current list of perks and discounts can be found within the files section of the Rather Be Canicrossing Members Facebook group.

We look forward to welcoming you and your dog to the club in the near future. To find out all the latest club information, please visit our Facebook page